

TRANSITIONS HEALTHCARE – MARCH 2017

Sunday

*Regular Activities On Unit Program:

Morning: 10AM – VISITATION (Unit TBA)
10:30 (Fishing Art projects)
Afternoon: 1:00 (Sensory Activity)
Late Afternoon: 4:00 (1:1 on Wheel)
Evening: Tues. & Fri. (Book cart)
Saturday Discussion Group
w/RT or Activity Specialist
11:00 am TBA 3D/2D alternate
2:00 pm TBA 1S/1N Lounge-Alt

Monday

Keys: *... Regular Activities

1D First Floor Dining Area
1N Unit 1 North
1S Unit 1 South
1NDR 1 North Day Room
1SDR 1 South Day Room
2D Second Floor Dining Area
2N Unit 2 North
2S Unit 2 South
2NDR 2 North Day Room
2SDR 2 South Day Room
3D Third Floor Dining Area
3N Unit 3 North

Tuesday

3S Unit 3 South
3NDR 3 North Day Room
3SDR 3 South Day Room
AU All Units
B Bedside
C Chapel
O Community Outing
FOF Front of Facility
LTBA Location To Be Announced
MP Multipurpose Room
MU Most Units
P Patio (TBD = To Be Determined)
DR Day Room

Wednesday

10:30 Adaptive Sports (MP) **1**
11:00 Spiritual Reflection (MP)
2:30 BINGO program rescheduled for Friday 3/3
4:00 1:1 Programming (TBA)
6:30 Sport Trivia (3N/3S Unit-TBA)
7:00 Social Games (MP)

Thursday

10:30 Coffee Social (MP) **2**
"Resident Volunteers/
Blessing in A Back Pack"
1:00 1:1 Program (1N)
2:00 Menu Committee (MP)
3:00 Resident Council (MP)
3:30 1:1 Program on Wheels (Units TBA)
7:00 Action Night Cinema, The Name TPB (MP)

Friday

11:00 **\$1-\$6 Holiday Store (MP) 3**
"Funraiser"
1:00 1:1 Program (3N/3S)
2:30 'Glamour' by Appt. (2S-DR)
2:30 BINGO! (MP)
4:00 1:1 Program on Wheels (TBA)
6:30 Reminiscing (On Unit prog.-TBA)
7:00 Netflix Night Movie (MP)

Saturday

10:00 Netflix Matinee "Repeat" (MP) **4**
10:30 Rec. Therapist Discussion Group (2D)
2:00 Bethlehem Baptist Church (TBA)
2:30 Catholic Mass (TBA)
3:00 Leisure Ed. Discussion Group (TBA)
3:30 Low Impact Exercise (TBA)

10:00 Sunday School Kendall Baptist Church (MP) **5**
11/11:30 Following Service – Fellowship (MP)
2:30 Sunday Family Cinema (C)
3:00 Greater Mount Calvary Holy Church (TBA)
4:30 Sensory Stimulation Group (MP)

***See Regular Activities 6**
10:30 Rise & Stretch (MP)
11:00 Great Decision (MP)
1:00 On Unit Program (2N/1S)
2:30 Who WTBA Millionaire (MP)
4:00 Bible Study (MP)
4:00 1:1 Program on Wheels (TBA)
6:30 Learn this Game (3rd FI Unit-TBA)
7:00 Social Games (MP)

10:30 Arts & Crafts **7**
1:00 On Unit Program (2S/3N)
2:30 'Glamour' by Appt (2S-DR)
2:30 Classic Movie, The Name TBP (MP)
4:30 1:1 Program on Wheels (TBA)
4:30 Learn the Game (Unit-TBP)
7:00 Action Night Cinema, The Name TPB (MP)

10:30 Adaptive Sports (MP) **8**
11:00 Meditation/Gospel Music (MP)
1:00 On Unit Program (3S/1N)
2:30 BINGO! (MP)
4:00 1:1 Program on Wheels (TBA)
6:30 Trivia (3N/3S Unit-TBA)
7:00 Social Games (MP)

10:30 Coffee Social (3D) **9**
Blessing in A Back Pack – "BIABP" (MP)
1:00 On Unit Program (1N) 1:45 (3S/2S)
2:30 Sing A Long w/ Rev. Hall (MP)
2:30 **Catholic Church (TBA)**
3:30 Movie Trivia (3S)
4:00 1:1 Program on Wheels (TBA)
7:00 Action Night Cinema, The Name TPB (MP)

11:00 Relaxation Valentine Program (MP) **10**
1:00 On Unit Program (1S) 1:45 (2N/3N)
6:30 Memory Game (3N/3S Unit-TBA)
7:00 Netflix Night Movie, The Name TBP (MP)

10:00 Netflix Matinee "Repeat" (MP) **11**
10:30 Act. Specialist Discussion Group (2D)
11:30 Positive News/Current Events (MP)
2:00 Mount Sinai Baptist Church (TBA)
2:30 Catholic Mass (TBA)
3:00 Leisure Discussion Group (TBA)
3:30 Low Impact Exercise (TBA)
7:00 Music w/ DJ Bey (MP)

10:00 Sunday School Kendall Baptist Church (MP) **12**
11/11:30 Following Service – Fellowship (MP)
2:00 Trinity Christian Church (TBA)
2:30 Sunday Family Cinema (C)
3:00 Community United Methodist Church (TBA)
4:30 Capitol City Star News Review (MP)

***See Regular Activities 13**
10:30 Rise & Stretch (MP)
11:00 Reflection (MP)
1:00 On Unit Program (2N/2S)
2:30 The Game of Jeopardy (MP)
4:00 Bible Study (MP)
4:00 1:1 Program on Wheels (TBA)
6:30 Learn this Game (Unit-TBA)
7:00 Social Games (MP)

10:30 Arts & Crafts **14**
1:00 On Unit Program (2S/3N)
2:30 'Glamour' by Appt (2S-DR)
2:30 Classic Movie, The Name TBP (MP)
4:30 1:1 Program on Wheels (TBA)
4:30 Learn the Game (Unit-TBP)
7:00 Action Night Cinema, The Name TPB (MP)

10:30 Adaptive Sports (3D) **15**
11:00 Spiritual Reflection (3D)
2:30 BINGO! (3D)
4:00 1:1 Program on Wheels (TBA)
6:30 Trivia (3N/3S Unit-TBA)
7:00 Social Games (MP)

10:30 Coffee Social (3D) - "Residents Volunteers Contribute to Blessing in a Back Pack" **16**
1:00 1:1 Program (3D)
2:30 Social Games (3D)
4:00 1:1 Program on Wheels (TBA)
7:00 Action Night Cinema, The Name TPB (MP)

Happy St. Patrick's Day 17
11:00 **\$1-\$6 Holiday Store (MP) "Funraiser"**
1:00 1:1 Program (3N/3S)
2:30 'Glamour' by Appt. (2S-DR)
2:30 St. Patrick's Day Social (MP)
4:00 1:1 Program on Wheels (TBA)
6:30 Reminiscing (On Unit prog.-TBA)
7:00 Netflix Night Movie, The Name TBP (MP)

10:00 Netflix Matinee "Repeat" (MP) **18**
10:30 Act. Specialist Discussion Group (2D)
11:30 Positive News/Current Events (MP)
2:30 Catholic Mass (C)
3:00 Leisure Discussion Group w/ Activity Specialist (Unit-TBA)
3:00 Union Temple Baptist Church (MP)
3:30 Low Impact Exercise (TBA)

10:00 Sunday School Kendall Baptist Church (MP) **19**
11/11:30 Following Service – Fellowship (MP)
2:00 Allen Chapel AME Church (TBA)
2:30 Sunday Family Cinema (C)
3:00 Grace Apostolic Church (TBA)
4:30 Sensory Stimulation Group (MP)

10:30 Rise & Stretch (MP) **20**
11:00 Great Decision (MP)
1:00 On Unit Program (2N/2S)
2:30 Family Feud (MP)
4:00 Bible Study (MP)
4:00 1:1 Program (TBA)
6:30 Learn this Game (3rd FI Unit-TBA)
7:00 Social Games (MP)

10:30 Arts & Crafts **21**
1:00 On Unit Program (2S/3N)
2:30 'Glamour' by Appt (2S-DR)
2:30 Classic Movie, The Name TBP (MP)
4:30 1:1 Program on Wheels (TBA)
4:30 Clue Trivia (3S)
7:00 New Hope FWB (MP)

10:30 Adaptive Sports (MP) **22**
11:00 Gospel Music Appreciation (MP)
1:00 1:1 Program (1S/3S)
2:30 BINGO! w/AARP (MP)
4:00 1:1 Program on Wheels (TBA)
6:30 Reminiscing (3N/3S Unit-TBA)
7:00 Social Games (MP)

10:30 Coffee Social (MP) - "Residents Volunteers Contribute to Blessing in a Back Pack" **23**
1:00 1:1 Program (2N)
2:30 Game On! (MP) Ping Pong & Wii Bowling
4:00 1:1 Program on Wheels (TBA)
7:00 Action Night Cinema, The Name TPB (MP)

1:00 1:1 Program (3N/3S) **24**
2:30 'Glamour' by Appt. (2S-DR)
2:30 Sing-A-Long (3D)
4:00 1:1 Program on Wheels (TBA)
6:30 Reminiscing (3N/3S Unit-TBA)
7:00 Netflix Night Movie, The Name TBP (MP)

10:00 Netflix Matinee "Repeat" (MP) **25**
10:30 Act. Specialist Discussion Group (2D)
11:30 Positive News/Current Events (MP)
2:00 Paramount B Church (MP)
2:30 Catholic Mass (C)
3:00 Discussion Group w/ Activity Specialist (TBA)
3:00 Lane CME (MP)
3:30 Low Impact Exercise (TBA)

10:00 Sunday School Kendall Baptist Church (MP) **26**
11/11:30 Following Service – Fellowship (MP)
2:30 First Baptist Church Choir (C)
3:00 Little Rock Church of Deliverance (MP)
4:30 Capitol City Star News Review (C)

***See Regular Activities 27**
10:30 Rise & Stretch (MP)
11:00 Great Decision (MP)
1:00 On Unit Program (2N/2S)
2:30 Trivial Pursuit (MP)
4:00 Bible Study (MP)
4:00 1:1 Program (TBA)
6:30 Learn this Game (3rd FI Unit-TBA)
7:00 Social Games (MP)

10:00 Discussion Group "Constructive Use of Leisure Time" (MP) **28**
10:30 Intro to Concentration game (MP)
1:00 On Unit Program (2S/3N)
2:30 'Glamour' by Appt (2S-DR)
2:30 Classic Movie, The Name TBP (MP)
4:00 1:1 Program on Wheels (TBA)
4:30 Trivia (3S)
7:00 Master's Touch Praise/ Dance Ministry (MP)

10:30 Adaptive Sports (MP) **29**
11:00 Bible Trivia (MP)
1:00 1:1 Program (1S/3S)
2:30 BINGO! (MP)
4:00 1:1 Program on Wheels (TBA)
6:30 Trivia (3N/3S Unit-TBA)
7:00 Social Games (MP)

10:30 Coffee Social (MP) - "Residents Volunteers Contribute to Blessing in a Back Pack" **30**
1:00 1:1 Program (2N)
2:30 Green Style Birthday Party (MP) w/ District Music Entertainer
4:00 1:1 Program on Wheels (TBA)
7:00 Action Night Cinema, The Name TPB (MP)

10:30 Move & Groove, 4 all ages (MP) **31**
11:00 Basic, American Sign Lang. (MP)
1:00 1:1 Program (3N/3S)
2:30 'Glamour' by Appt. (2S-DR)
2:30 Sing-A-Long (3D)
4:00 1:1 Program on Wheels (TBA)
6:30 Reminiscing (3N/3S Unit-TBA)
7:00 Netflix Night Movie, The Name TBP (MP)

Monthly activities are subject to change.

Please see "Today's Events" Mon.-Fri. by Nurse Station

As per Supervisors: Act. Staff & C.N.A. can assist you to & from activities We are TRHC, Go Team!

